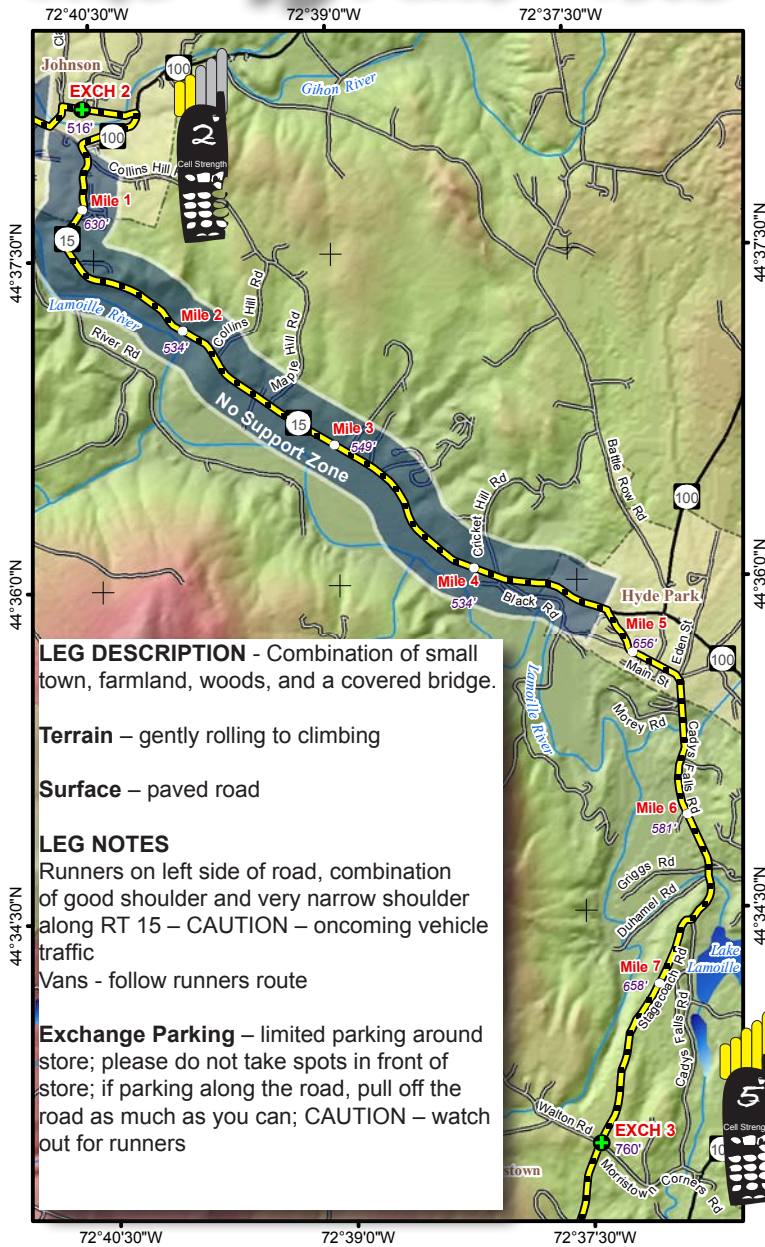


LEG 3 -- 7.9 MILES -- HARD



LEG DESCRIPTION - Combination of small town, farmland, woods, and a covered bridge.

Terrain - gently rolling to climbing

Surface - paved road

LEG NOTES
 Runners on left side of road, combination of good shoulder and very narrow shoulder along RT 15 - CAUTION - oncoming vehicle traffic
 Vans - follow runners route

Exchange Parking - limited parking around store; please do not take spots in front of store; if parking along the road, pull off the road as much as you can; CAUTION - watch out for runners

MILEAGE

- 0.0 Continue east on School St
- 0.3 Power House Bridge, then turn right RT 100C
- 0.6 Turn left RT 15 east
- 0.8 CAUTION - very narrow shoulder around five short blind curves for next 1.2 miles so don't stray out into the road. There are "RUNNER ON ROAD" signs posted on both sides of the road alerting drivers to your presence. Stay alert. If you feel more comfortable running on the right shoulder, please cross with extreme caution.
- 2.6 Maple Hill Barn on left
- 3.5 CAUTION - very narrow shoulder around one blind curve so don't stray out into the road. There are "RUNNER ON ROAD" signs posted on both sides of the road alerting drivers to your presence. Stay alert. If you feel more comfortable running on the right shoulder, please cross with extreme caution.
- 4.3 Lamoille Union High School & Middle School on left
- 4.7 Turn right Johnson St in Hyde Park
- 5.0 Turn left Main St
- 5.2 Take right fork to Depot St
- 5.4 One-lane bridge
- 6.4 Bridge
- 6.6 Turn right Stagecoach Road - sign on left side of road. Be alert as turn is easy to miss.
- 7.9 Exchange 3 - Morristown Country Store

