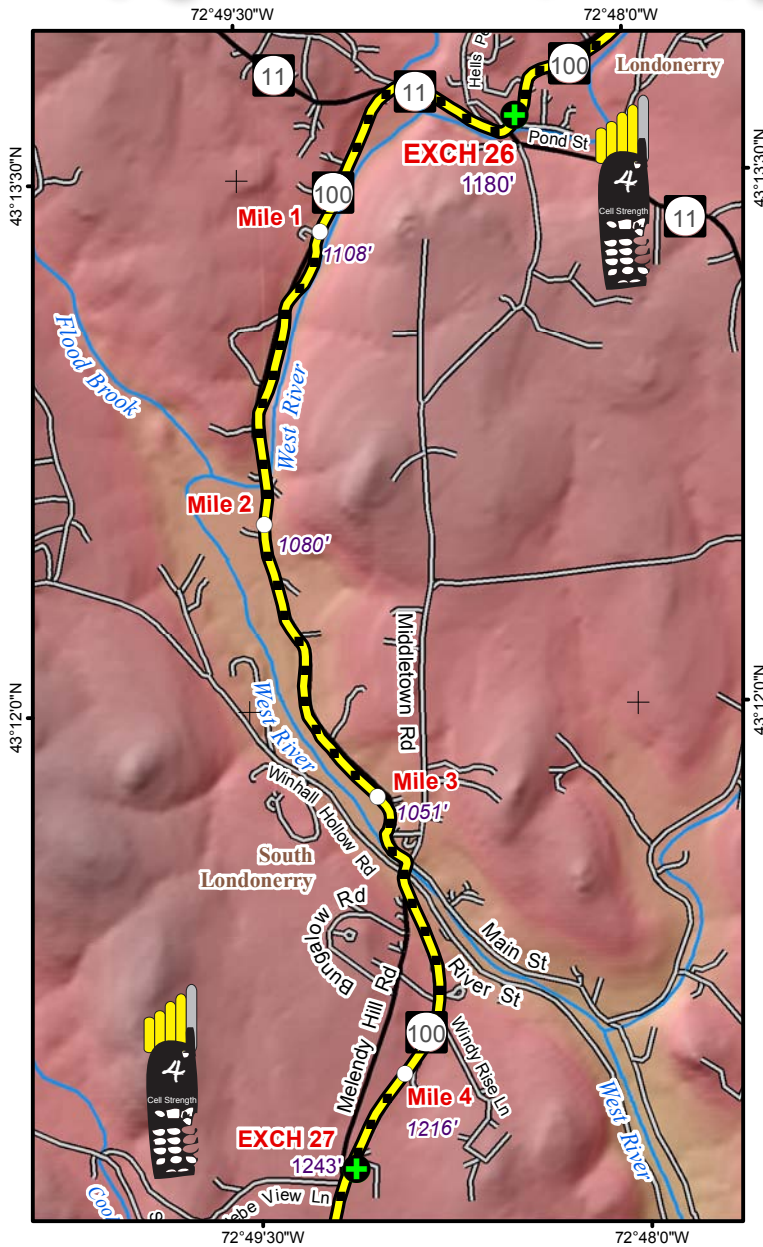


LEG 27 -- 4.4 MILES -- EASY



LEG DESCRIPTION – wooded area & farmland with residences

Terrain – gradual descent then climb

Surface – paved roads

LEG NOTES

Runners on left side of road; CAUTION through Londonerry

Vans - follow runners route

Exchange Parking – turn left into parking area of Brown’s Enterprises (this is a large rental yard/business so find places to park where you can around equipment); CAUTION – watch out for runners

MILEAGE

- 0.0 Continue south on RT 100
- 0.1 Turn right RT 100/RT 11 at intersection with RT 11; CAUTION crossing highway
- 0.5 Turn left RT 100
- 2.3 West River Tennis & Fitness Center on right
- 3.2 CAUTION - very narrow shoulder around one long blind curve (.1 mile in length) so don’t stray out into the road. There are “RUNNER ON ROAD” signs posted on both sides of the road alerting drivers to your presence. Stay alert. If you feel more comfortable running on the right shoulder around this curve, please cross with extreme caution. Please cross back to left shoulder after going around curve.
- 3.3 Turn right onto RT 100 over bridge and river
- 3.5 Heritage Family Credit Union on left
- 4.4 Exchange 27 - Brown Enterprises

