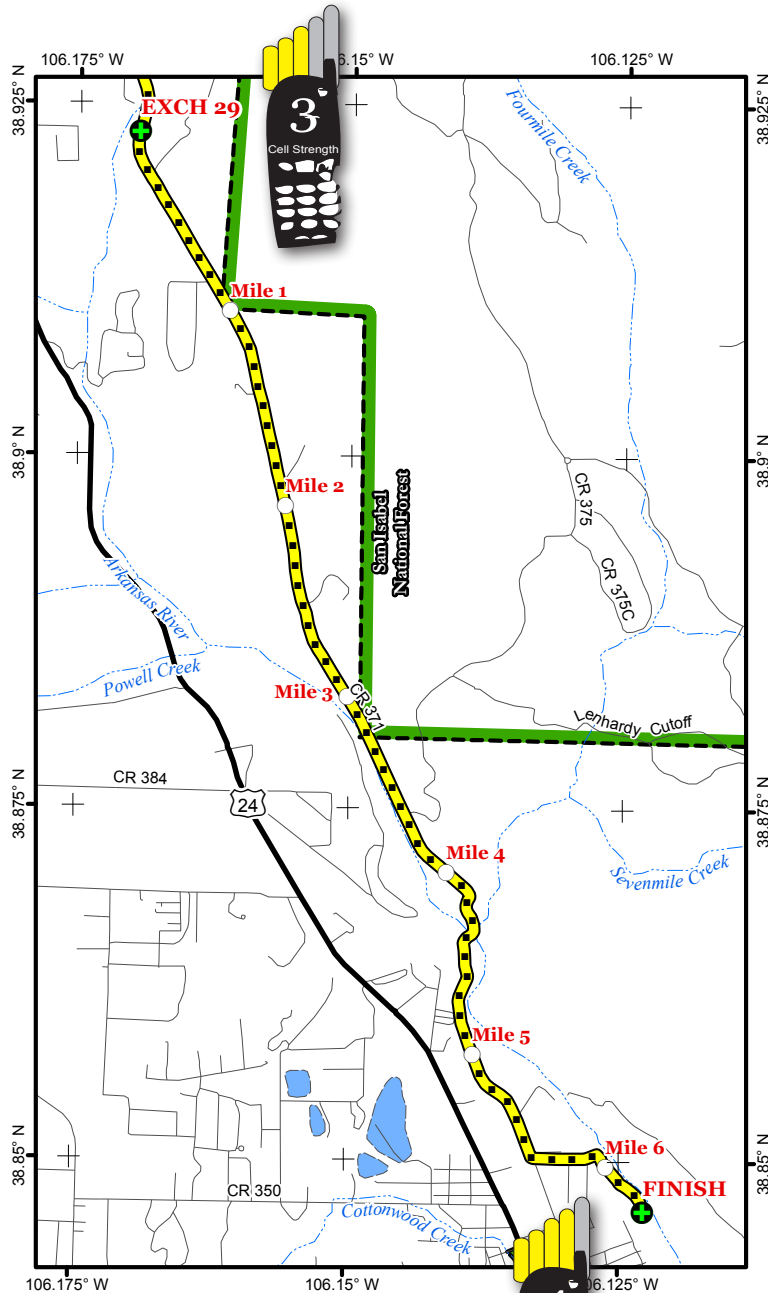


LEG 30 -- 6.3 MILES -- MODERATE



LEG DESCRIPTION

Narrow dirt road next to the Arkansas River

Terrain –descending

Surface –dirt then paved road

LEG NOTES

Runners on left side of road

Van Route: Follow runners route; narrow road; drive SLOW to minimize dust and be aware of vehicles traveling in opposite direction

Exchange Parking –Railroad Bridge Recreation site; shared site with the public

Mileage

- 0.0 Continue South on County Road 371 – NO TURNS, follow main dirt road
- 4.4 Cross bridge over the river; road now paved
- 5.6 Turn Left Swick Ave
- 5.8 Continue Straight on dirt road
- 5.9 As dirt road turns turn, Turn Right onto dirt trail (lined by small rocks on both sides of trail). Follow trail to the finish line.
- 6.3 **EXCHANGE #30 FINISH – Buena Vista River Park**

