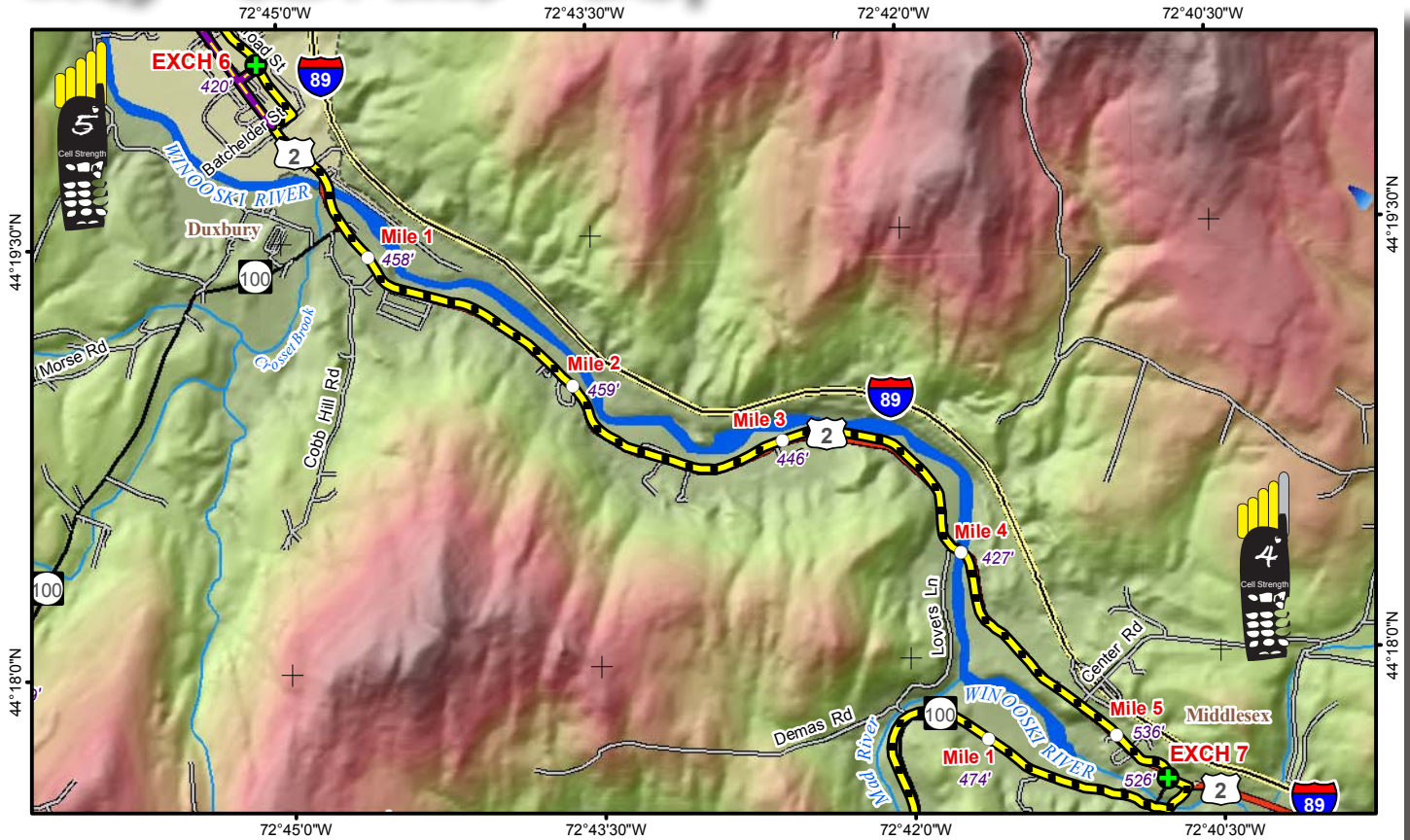


LEG 7 -- 5.3 MILES -- EASY



LEG DESCRIPTION – good shoulder along US 2, wooded

Terrain – level to rolling

Surface – paved roads

LEG NOTES

Runners on left side of road

Vans - MUST go down Park Row to RT 100, then turn left and follow runners route

Exchange Parking – turn right into

parking spaces around in front and behind town clerk building; keep entrance/exit and front of volunteer fire department clear;
CAUTION – watch out for runners

MILEAGE

- 0.0 Continue on Railroad St/Pilgrim Park Access Rd past State of Vermont/Green Mountain Coffee Roasters buildings
- 0.1 Pass under enclosed pedestrian bride connecting two buildings
- 0.2 Turn right Batchelder St
- 0.3 Cross railroad tracks - there is a

pedestrian route on the side of the gate - look for GMR directional arrow
Turn left US 2/RT 100
Continue straight past the intersection where RT 100 turns off to right (Kellee's Creamee on your left)
Colast Works on left
Bridge and Vtrans on left
State Police complex on left
Turn right into Exchange 7 - Middlesex Town Clerk building

