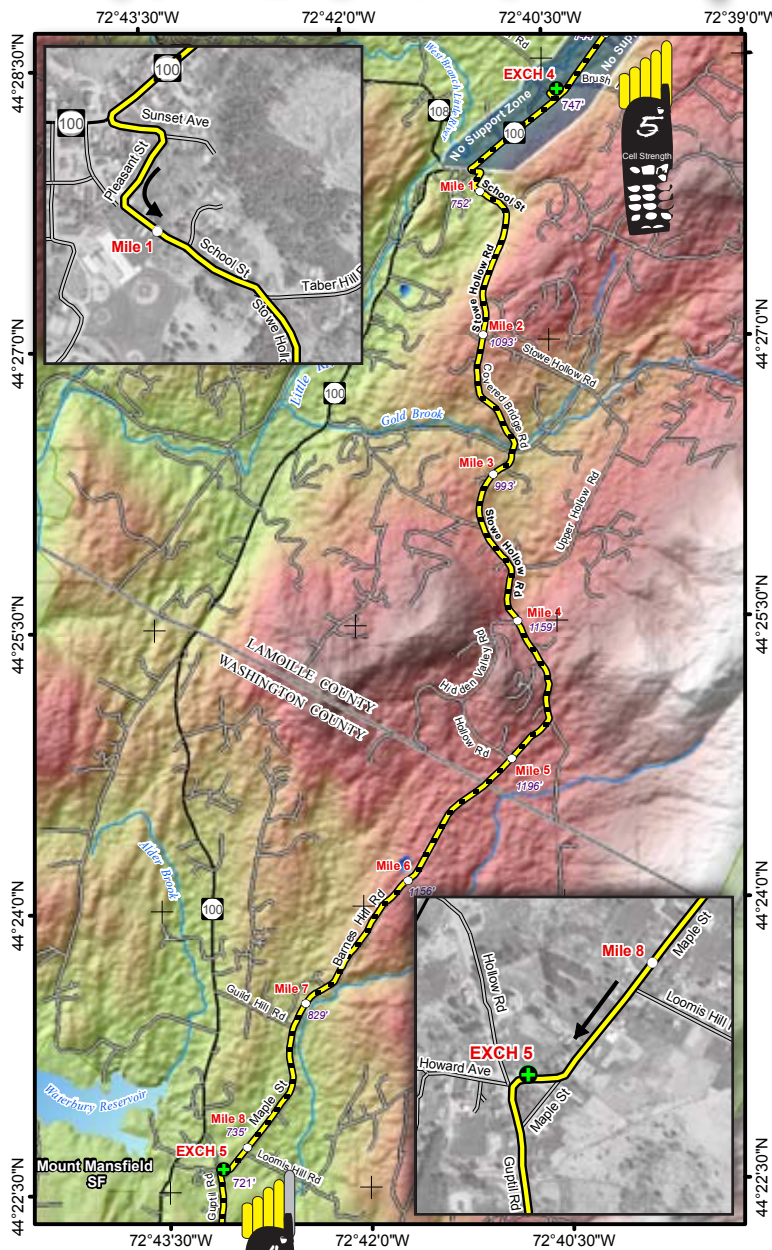


LEG 5 -- 8.2 MILES -- VERY HARD



LEG DESCRIPTION – busier section on RT 100 on outskirts of Stowe, followed by wooded section and a covered bridge, followed by small town

Terrain – hilly

Surface – paved and dirt roads

LEG NOTES

Runners on left side of road, busy traffic on RT 100 – CAUTION - ONCOMING TRAFFIC -- running on left shoulder (police officers stationed at Exchange 4 to cross RT 100)

Vans - follow runners route

Exchange Parking – parallel parking around Waterbury Center town green and to the left side of Grange building – NO PARKING in front of restaurant; CAUTION – watch out for runners

MILEAGE

- 0.0 Continue south on RT 100 - caution crossing to left shoulder with police officer's assistance
- 0.7 Turn left Sunset St
- 0.8 Turn right Pleasant St
- 0.9 Turn left School St
- 1.1 Take right fork to Stowe Hollow Rd
- 1.9 Take right fork (straight) on to dirt road (Covered Bridge Rd); do not follow the main road that curves to the left
- 2.8 Go through Gold Brook Covered Bridge and go straight across Gold Brook Rd; road become Stowe Hollow Rd; dirt road becomes paved
- 3.3 Dirt road starts
- 3.9 Dirt road becomes paved
- 4.2 Dirt road starts
- 4.6 Turn right Barnes Hill Rd/Maple St
- 6.1 Dirt road becomes paved
- 8.1 Turn right Howard Ave
- 8.2 Exchange 5 - Waterbury Center town green

