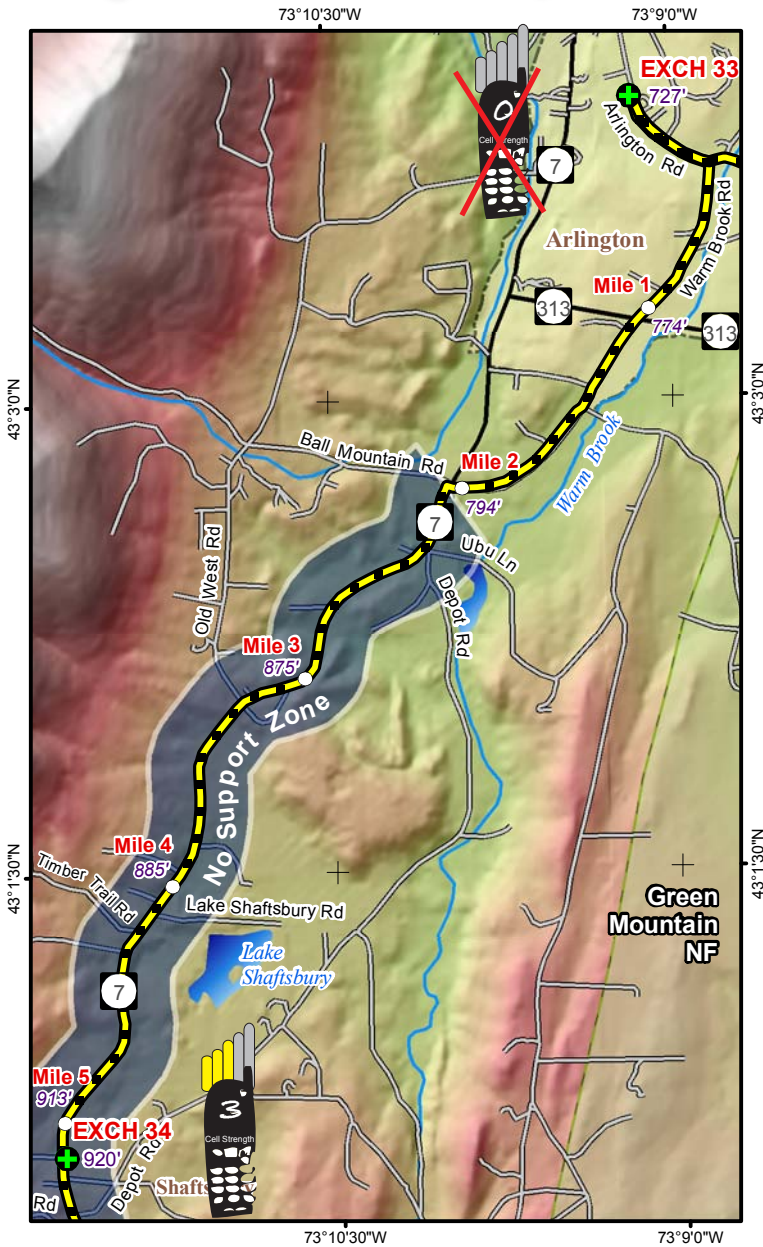


# LEG 34 -- 5.1 MILES -- MODERATE



**LEG DESCRIPTION** – quiet residential and back roads, then shoulder of RT 7A (moderate traffic)

Terrain - rolling

Surface – paved roads

### LEG NOTES

Runners on left side of road; CAUTION crossing intersection of RT 313 (flashing red light); CAUTION on shoulder of RT 7A – moderate oncoming traffic

Vans - follow runners route

**Exchange Parking** – turn left into large field of Green Mountain Polo Club’s “White Heather Field”; park on grass areas near entrance to exchange - NO PARKING on polo field; CAUTION – watch out for runners

### MILEAGE

- 0.0 Retrace back east on E Arlington Rd
- 0.4 Turn right Warm Brook Rd
- 1.1 CAUTION - busy intersection with flashing light, go straight across RT 313
- 2.1 Turn left RT 7A - CAUTION - busier road but good shoulder on left
- 4.2 Pass entrance to Shaftsbury State Park on left
- 5.1 Turn left into Exchange 34 - Green Mountain Polo Club “White Heather Fields”

