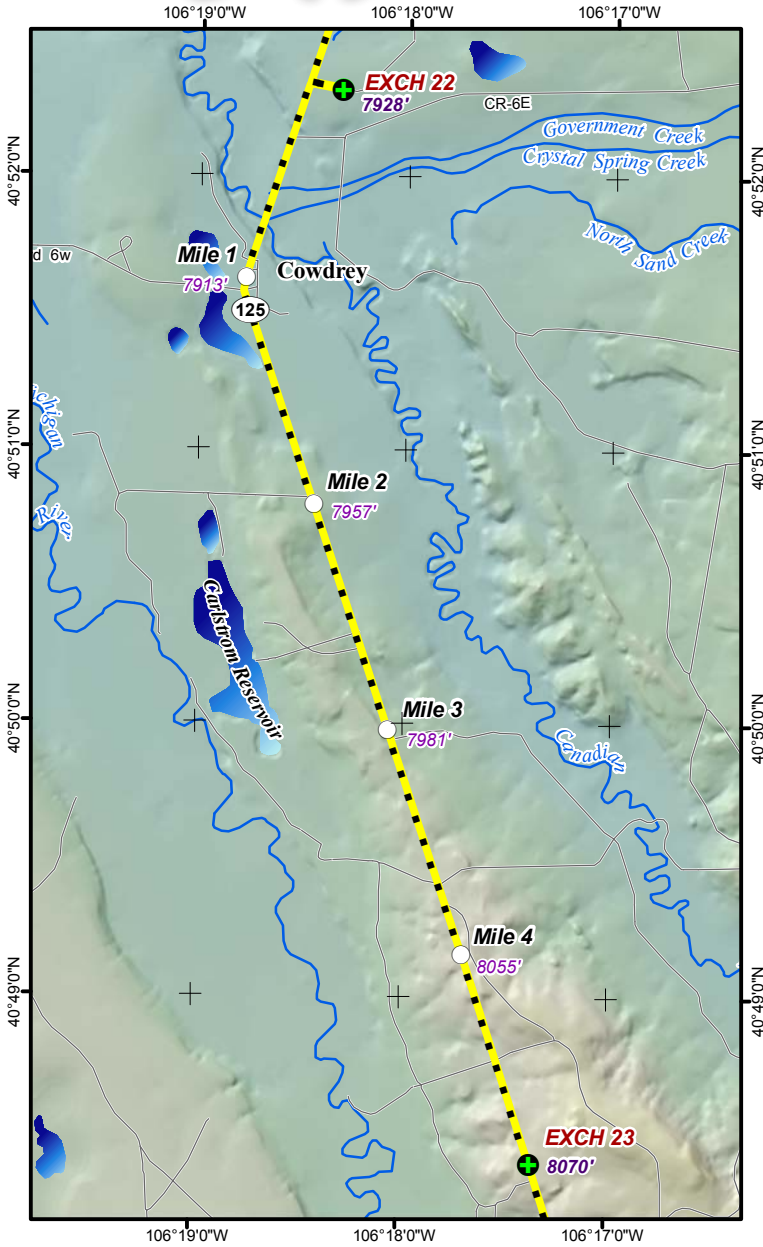


# LEG 23 -- 4.9 MILES -- MODERATE



**Leg Description** – through the ranches and grasslands of North Park

**Terrain** – flat with some rolling

**Surface** – paved road

## LEG NOTES

**Runners** on left; runners must wear a reflective vest and a blinking red light, and carry a flashlight or headlamp.

**Vans** – follow runners' route; **CAUTION** – runners entering and exiting exchange

**Exchange Parking** – in the dirt pullout on the right; the exchange is on the shoulder on the left

## Mileage

- 0.0 Return west on CR 6
- 0.2 Turn left onto CO 125
- 2.5 Cowdrey (old general store) on right
- 2.6 Intersection with CR 39 – Cowdrey Lake State Wildlife Area
- 4.9 **EXCHANGE #23** – long wide dirt pullout on right

