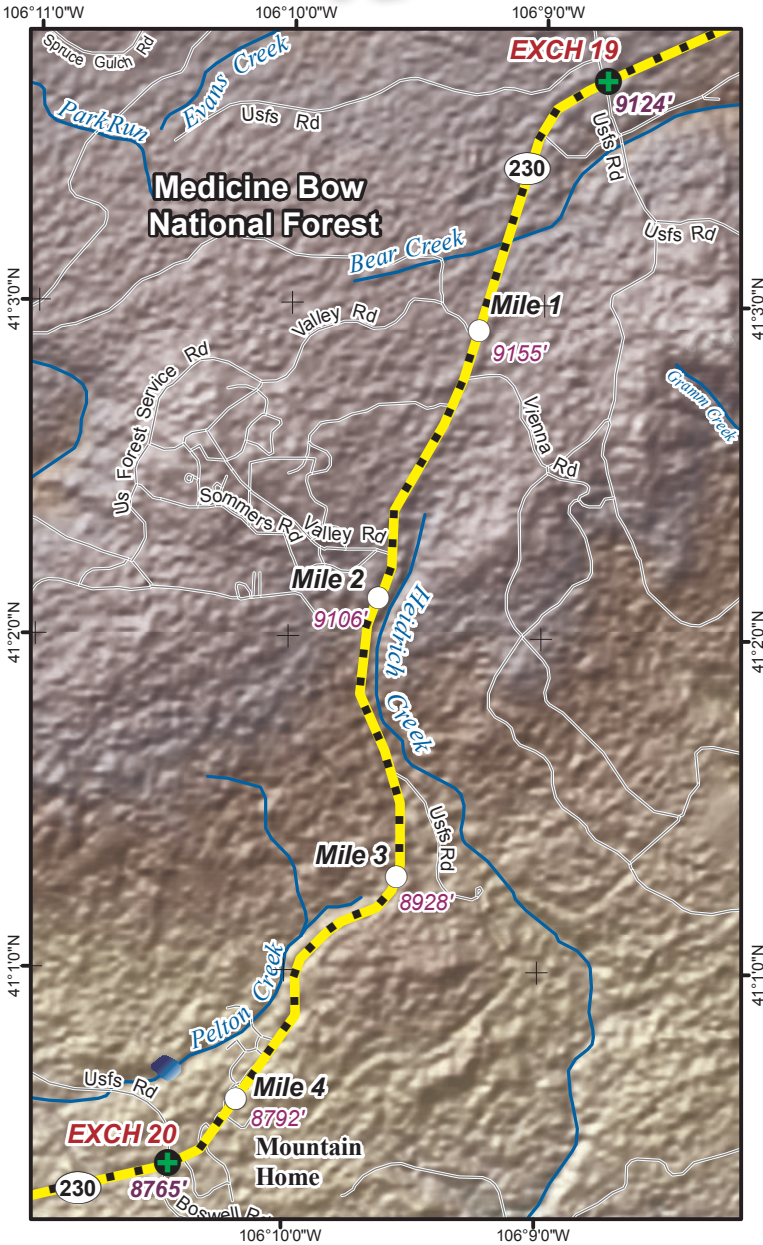


LEG 20 -- 4.3 MILES -- MODERATE



Leg Description – through Medicine Bow National Forest to the Colorado State Line

Terrain – rolling then gradual descent

Surface – paved road

LEG NOTES

Runners on left; runners must wear a reflective vest and a blinking red light, and carry a flashlight or headlamp. **CAUTION** crossing WY 230 to get to exchange in parking lot

Vans – follow runners' route; **CAUTION** – runners entering and exiting exchange

Exchange Parking – in the lower dirt parking lot in the Exchange

Mileage

- 0.0 Continue south on WY 230
- 1.1 FS Rd 549 right
- 1.6 Dirt parking lot right
- 3.0 Small town of WyColo
- 4.3 **EXCHANGE #20** – large dirt parking lot right

