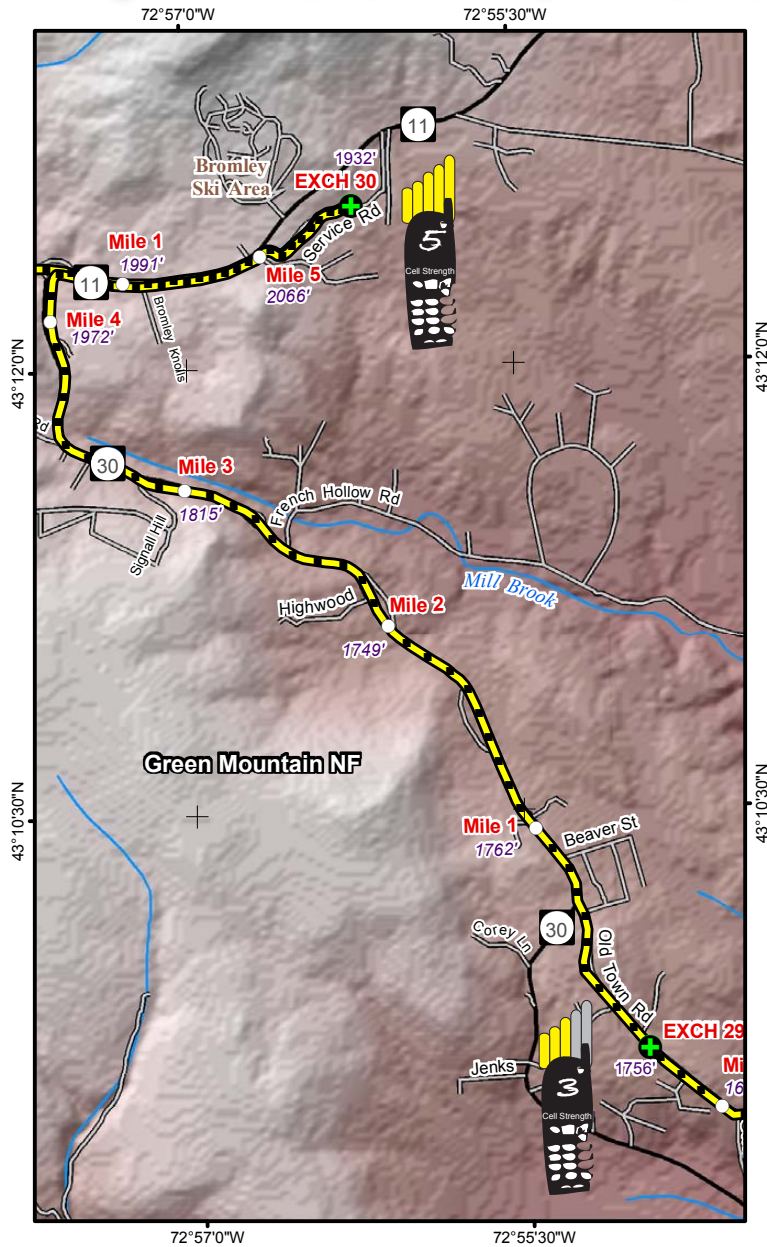


# LEG 30 -- 5.4 MILES -- HARD



**LEG DESCRIPTION** – wooded canyon & farmland with residences

Terrain – rolling climb then descent into exchange

Surface – mostly paved with dirt road entering exchange

## LEG NOTES

Runners on left side of road until turning right on RT 11 - then stay on wide right shoulder to entrance to Bromley Ski area parking; CAUTION – traffic behind you on RT 11 and other runners coming towards you as they depart exchange

Vans - follow runners route

**Exchange Parking** – VAN EXCHANGE – turn right into parking area of Bromley Mountain Ski area; continue down dirt road to the parking area; park near runner exchange area; camping on far end of the lot; QUIET ZONE – RUNNERS SLEEPING; CAUTION – watch out for runners

## MILEAGE

- 0.0 Continue north on Old Town Rd
- 0.7 Turn right RT 30
- 4.2 Turn right RT 11 - STAY IN RIGHT SHOULDER
- 5.0 Turn right on dirt road that takes you to Bromley Mountain Ski Resort parking lot
- 5.4 Exchange 30 - in Bromley parking lot

